

# Privacy Policy

This privacy policy, as part of the consent form, sets out how 'Nutrition for Thought' uses and protects any personal information that you provide us.

'Nutrition for Thought' is committed to ensuring that your privacy is protected. Should we ask you to provide certain information by which you can be identified when using our services, you can be assured that it will only be used in accordance with this privacy policy. This policy is effective as from 1<sup>st</sup> April 2020.

## **Why we collect your data:**

We collect your personal data because you give us consent to do so, in order to provide our independent nutrition and dietetic services to you.

## **What we collect:**

We may collect the following information:

- Information in relation to this consent form;
- Further clinical information in relation to reports from other health professionals.

## **Consent:**

Susan McCabe's brand called 'Nutrition for Thought' would like to keep your details to send you further information about our products and services.

If you are happy for us to keep in touch, please let us know how you would like to hear from us:

Email  
Text  
Post

Your details will be held by 'Mailchimp' and 'Outlook' on behalf of Nutrition for Thought.

You can change your preferences at any time by writing to us at [nutritionforthought@outlook.com](mailto:nutritionforthought@outlook.com). If you no longer wish to hear from 'Nutrition for Thought', please contact [nutritionforthought@outlook.com](mailto:nutritionforthought@outlook.com) to unsubscribe

## **What we do with the information we gather:**

We require this information for the purpose of:

- Professional clinical record keeping of client information;
- Sharing information with relevant health professionals.

## **Security**

We are committed to ensuring that your information is secure. In order to prevent unauthorised access or disclosure, we have put in place encrypted electronic systems and standard operating procedures to safeguard and secure the information we collect.

## **Controlling your personal information**

We will not distribute, sell or lease your personal information to third parties unless we have your explicit permission or are required by law to do so.

You may request details of personal information, which we hold about you under the General Data Protection Regulation (GDPR). If you would like a copy of the information held on you please contact Susan McCabe, Data Protection Officer, at this address Nutrition for Thought, 51 Pagehurst Road, CR06NS.

If you believe that any information we are holding on you is incorrect or incomplete, please email or write to us as soon as possible at the above address. We will promptly correct any information found to be incorrect.

**How you can withdraw and request to be deleted from our files**

If you do not wish us to make use of your Personal Information in this way, please contact Susan McCabe, or email [nutritionforthought@outlook.com](mailto:nutritionforthought@outlook.com). You have the right to withdraw consent.

Should you have any queries in relation to General Data Protection Regulation (GDPR) here are the contact details of our Data Controller: Name: Susan McCabe (Former Anderson) Email: [nutritionforthought@outlook.co](mailto:nutritionforthought@outlook.co)